

Shamrock 5k Run & Walk & Jog With Your Dog, Race Records, and Winners

Male

1998	David Smith	Orlando, FL	16:11	
2000	Kevin Nizer	Winter Haven, FL		16:31
1996	Steve Bornemann	Lake Wales, FL	16:41	
2003	Mickey Hooke	Bradenton, FL	16:57	
2011	RA Bemman	Winter Haven, FL	16:58	
1997	Steve Bornemann	Lake Wales, FL	17:02	
2008	Kyle Weeks	Eagle Lake, FL	17:05	
2009	Eddie Nesmith	Winter Haven, FL		17:15
2010	Luke Kendall	Winter Haven, FL		17:21
1999	Kevin Nizer	Winter Haven, FL		17:25
2007	John Blackburn	Winter Haven, FL		17:38
2006	John Blackburn	Winter Haven, FL		17:50
2005	Paul White	Lakeland, FL	18:10	
2002	Mark Koch	Tampa, FL	18:44	
2004	Robert Hillman			Not Available

Female

1996	Judy Brucher	Lakeland, FL	19:16	
1998	Kim Streit	Orlando, FL	19:32	
2011	Rebecca Marsh	Lakeland, FL	19:35	
1997	Dee Bays	Lakeland, FL	19:56	
2003	Laura Woznicki	Lakeland, FL	20:02	
2006	Mallory White	Lakeland, FL	20:23	
2005	Mallory White	Lakeland, FL	20:32	
2010	Sandra Edwards	Sheffield, YOR	21:06	
2009	Michelle LaPointe	Auburndale, FL	21:11	
2002	Julie Sands	Winter Haven, FL		21:22
2000	Megan Crum	Winter Haven, FL	21:35	
2008	Michelle LaPointe	Winter Haven, FL		21:41
2007	Jennifer Pinsonneault	Winter Haven, FL		22:31
1999	Jennifer Raley	Winter Haven, FL		23:00
2004	Krystal Bemman			Not Available

Results not available for 1994,1995, 2001